



ST. THOMAS
EPISCOPAL CHURCH

We, the baptized ministers,
declare Christ's Mission for us:
to grow as a Church
in the spiritual strength
of community,
and to care, reach out,
and include all people in Christ's love.



Holy Eucharist, Rite II—7:30 PM

March 5, 2025

Welcome to St. Thomas! We are so glad that you are here with us. If you are new to our community, we invite you to fill out a welcome card located in the pew rack in front of you, and either place it in the offering plate or hand it to a priest.

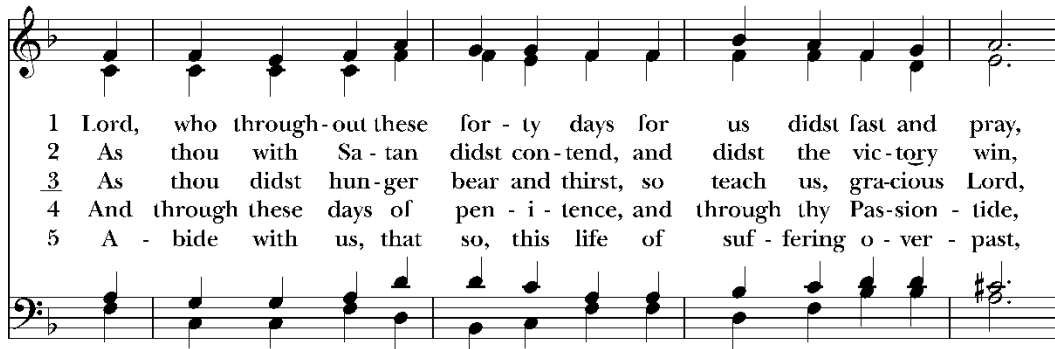
THE WORD OF GOD

Voluntary

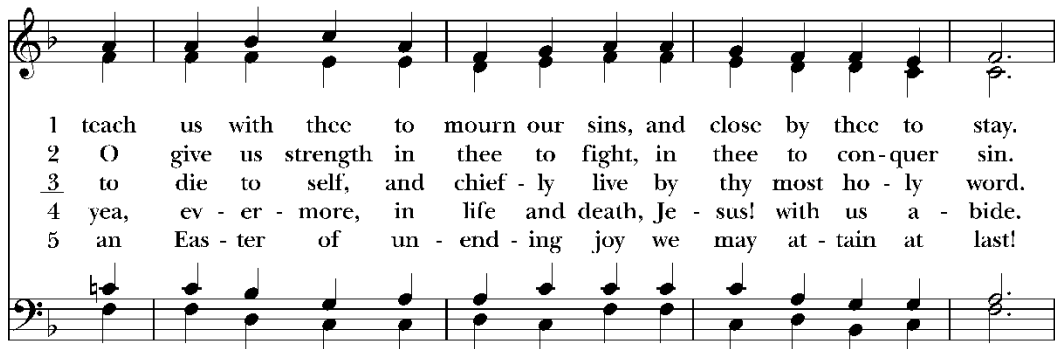
Procession

Lord, Who Throughout These Forty Days

#142 Hymnal 1982



1 Lord, who through-out these for - ty days for us didst fast and pray,
 2 As thou with Sa - tan didst con - tend, and didst the vic - tory win,
 3 As thou didst hun - ger bear and thirst, so teach us, gra - cious Lord,
 4 And through these days of pen - i - tence, and through thy Pas - sion - tide,
 5 A - bide with us, that so, this life of suf - fering o - ver - past,



1 teach us with thee to mourn our sins, and close by thee to stay.
 2 O give us strength in thee to fight, in thee to con - quer sin.
 3 to die to self, and chief - ly live by thy most ho - ly word.
 4 yea, ev - er - more, in life and death, Je - sus! with us a - bide.
 5 an Eas - ter of un - end - ing joy we may at - tain at last!

Words: Claudia Frances Hernaman (1838-1898). Music: *St. Flavian*, melody from *Day's Psalter*, 1562; adapt. and harm. Richard Redhead (1820-1901).

The Salutation

Bless the Lord who forgives all our sins.

His mercy endures forever.

The Collect of the Day

Let us pray. Almighty and everlasting God, you hate nothing you have made and forgive the sins of all who are penitent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The Lessons

The First Lesson

Isaiah 58:1-12

A reading from the Prophet Isaiah.

Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practiced righteousness and did not forsake the ordinance of their God; they ask of me righteous judgments, they delight to draw near to God. "Why do we fast, but you do not see? Why humble ourselves, but you do not notice?" Look, you serve your own interest on your fast day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the Lord?

Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the Lord shall be your rear guard. Then you shall call, and the Lord will answer; you shall cry for help, and he will say, Here I am.

If you remove the yoke from among you, the pointing of the finger, the speaking of evil, if you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like the noonday. The Lord will guide you continually, and satisfy your needs in parched places, and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters never fail. Your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to live in.

The Word of the Lord.

Thanks be to God.

Psalm 103:8-14 (*We will pray a portion of Psalm 103 responsively by half verse*)

8 The LORD is full of compassion and mercy, *
slow to anger and of great kindness.

9 He will not always accuse us, *
nor will he keep his anger for ever.

10 He has not dealt with us according to our sins, *
nor rewarded us according to our wickedness.

- 11 For as the heavens are high above the earth, *
so is his mercy great upon those who fear him.
- 12 As far as the east is from the west, *
so far has he removed our sins from us.
- 13 As a father cares for his children, *
so does the LORD care for those who fear him.
- 14 For he himself knows whereof we are made; *
he remembers that we are but dust.

The Second Lesson

2 Corinthians 5:20b-6:10

A reading from Paul's second letter to the Corinthians.

We entreat you on behalf of Christ, be reconciled to God. For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God.

As we work together with him, we urge you also not to accept the grace of God in vain. For he says, "At an acceptable time I have listened to you, and on a day of salvation I have helped you."

See, now is the acceptable time; see, now is the day of salvation! We are putting no obstacle in anyone's way, so that no fault may be found with our ministry, but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labors, sleepless nights, hunger; by purity, knowledge, patience, kindness, holiness of spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet are well known; as dying, and see-- we are alive; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

The Word of the Lord.

Thanks be to God.

Sequence Hymn

O Bless the Lord My Soul 1,2,3 / 4,5,6

#411 Hymnal 1982

The image shows the musical notation for the hymn 'O Bless the Lord My Soul'. It consists of two staves: a treble clef staff at the top and a bass clef staff at the bottom. The key signature is one sharp (F#), and the time signature is 3/4. The melody is written in the treble clef, and the bass line is written in the bass clef. The lyrics are printed below the treble staff.

1 O bless the Lord, my soul! His grace to thee pro - claim!
 2 O bless the Lord, my soul! His mer - cies bear in mind!
 3 He will not al - ways chide; he will with pa - tience wait;
 4 He par - dons all thy sins, pro - longs thy fee - ble breath;
 5 He clothes thee with his love, up - holds thee with his truth;

1 And all that is with - in me join to bless his ho - ly Name!
 2 For - get not all his ben - e - fits! The Lord to thee is kind.
 3 his wrath is ev - er slow to rise and rea - dy to a - bate.
 4 he heal - eth thine in - fir - mi - ties and ran - soms thee from death.
 5 and like the ca - gle he re - news the vi - gor of thy youth.

6 Then bless his holy Name,
 whose grace hath made thee whole,
 whose loving-kindness crowns thy days:
 O bless the Lord, my soul!

Words: James Montgomery (1771-1854); para. of Psalm 103. Music: *St. Thomas* (Williams), melody Aaron Williams (1731-1776); harm. Lowell Mason (1792-1872).

The Gospel

Matthew 6:1-6,16-21

The Holy Gospel of our Lord Jesus Christ according to Matthew.

Glory to you, Lord Christ.

Jesus said, "Beware of practicing your piety before others in order to be seen by them; for then you have no reward from your Father in heaven. So whenever you give alms, do not sound a trumpet before you, as the hypocrites do in the synagogues and in the streets, so that they may be praised by others. Truly I tell you, they have received their reward. But when you give alms, do not let your left hand know what your right hand is doing, so that your alms may be done in secret; and your Father who sees in secret will reward you.

"And whenever you pray, do not be like the hypocrites; for they love to stand and pray in the synagogues and at the street corners, so that they may be seen by others. Truly I tell you, they have received their reward. But whenever you pray, go into your room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you. And whenever you fast, do not look dismal, like the hypocrites, for they disfigure their faces so as to show others that they are fasting. Truly I tell you, they have received their reward. But when you fast, put oil on your head and wash your face, so that your fasting may be seen not by others but by your Father who is in secret; and your Father who sees in secret will reward you.

"Do not store up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal; but store up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there your heart will be also."

The Gospel of the Lord.

Praise to you, Lord Christ.

The Liturgy of the Ashes

Dear People of God: The first Christians observed with great devotion the days of our Lord's passion and resurrection, and it became the custom of the Church to prepare for them by a season of penitence and fasting. This season of Lent provided a time in which converts to the faith were prepared for Holy Baptism. It was also a time when those who, because of notorious sins, had been separated from the body of the faithful were reconciled by penitence and forgiveness, and restored to the fellowship of the Church. Thereby, the whole congregation was put in mind of the message of pardon and absolution set forth in the Gospel of our Savior, and of the need which all Christians continually have to renew their repentance and faith. I invite you, therefore, in the name of the Church, to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy Word. And, to make a right beginning of repentance, and as a mark of our mortal nature, let us now kneel before the Lord, our maker and redeemer.

Silence is then kept for a time, all kneeling.

Almighty God, you have created us out of the dust of the earth: Grant that these ashes may be to us a sign of our mortality and penitence, that we may remember that it is only by your gracious gift that we are given everlasting life; through Jesus Christ our Savior. **Amen.**

Those desiring ashes may come forward and kneel at the altar rail.

The ashes are imposed with the following words:

Remember that you are dust, and to dust you shall return.

Those worshipping on Zoom are invited to impose ashes on others or themselves at this time.

Music for the Imposition of Ashes *Spiegel im Spiegel*
Randy Latimer, Violinist

Arvo Pärt

Following the imposition of the ashes, we will pray Psalm 51 responsively by half verse.

Psalm 51

1 Have mercy on me, O God, according to your loving-kindness; *

in your great compassion blot out my offenses.

2 Wash me through and through from my wickedness *

and cleanse me from my sin.

3 For I know my transgressions, *

and my sin is ever before me.

4 Against you only have I sinned *

and done what is evil in your sight.

- 5 And so you are justified when you speak *
and upright in your judgment.
- 6 Indeed, I have been wicked from my birth, *
a sinner from my mother's womb.
- 7 For behold, you look for truth deep within me, *
and will make me understand wisdom secretly.
- 8 Purge me from my sin, and I shall be pure; *
wash me, and I shall be clean indeed.
- 9 Make me hear of joy and gladness, *
that the body you have broken may rejoice.
- 10 Hide your face from my sins *
and blot out all my iniquities.
- 11 Create in me a clean heart, O God, *
and renew a right spirit within me.
- 12 Cast me not away from your presence *
and take not your holy Spirit from me.
- 13 Give me the joy of your saving help again *
and sustain me with your bountiful Spirit.
- 14 I shall teach your ways to the wicked, *
and sinners shall return to you.
- 15 Deliver me from death, O God, *
and my tongue shall sing of your righteousness, O God of my salvation.
- 16 Open my lips, O Lord, *
and my mouth shall proclaim your praise.
- 17 Had you desired it, I would have offered sacrifice; *
but you take no delight in burnt-offerings.
- 18 The sacrifice of God is a troubled spirit; *
a broken and contrite heart, O God, you will not despise.

Litany of Penitence

The Celebrant and People together, all kneeling

Most holy and merciful Father: We confess to you and to one another, and to the whole communion of saints in heaven and on earth, that we have sinned by our own fault in thought, word, and deed; by what we have done, and by what we have left undone.

The Celebrant continues

We have not loved you with our whole heart, and mind, and strength. We have not loved our neighbors as ourselves. We have not forgiven others, as we have been forgiven.

Have mercy on us, Lord.

We have been deaf to your call to serve, as Christ served us. We have not been true to the mind of Christ. We have grieved your Holy Spirit.

Have mercy on us, Lord.

We confess to you, Lord, all our past unfaithfulness: the pride, hypocrisy, and impatience of our lives,

We confess to you, Lord.

Our self-indulgent appetites and ways, and our exploitation of other people,

We confess to you, Lord.

Our anger at our own frustration, and our envy of those more fortunate than ourselves,

We confess to you, Lord.

Our intemperate love of worldly goods and comforts, and our dishonesty in daily life and work,

We confess to you, Lord.

Our negligence in prayer and worship, and our failure to commend the faith that is in us,

We confess to you, Lord.

Accept our repentance, Lord, for the wrongs we have done: for our blindness to human need and suffering, and our indifference to injustice and cruelty,

Accept our repentance, Lord.

For all false judgments, for uncharitable thoughts toward our neighbors, and for our prejudice and contempt toward those who differ from us,

Accept our repentance, Lord.

For our waste and pollution of your creation, and our lack of concern for those who come after us,

Accept our repentance, Lord.

Restore us, good Lord, and let your anger depart from us;

Favorably hear us, for your mercy is great.

Accomplish in us the work of your salvation,

That we may show forth your glory in the world.

By the cross and passion of your Son our Lord,

Bring us with all your saints to the joy of his resurrection.

Almighty God, the Father of our Lord Jesus Christ, who desires not the death of sinners, but rather that they may turn from their wickedness and live, has given power and commandment to his ministers to declare and pronounce to his people, being penitent, the absolution and remission of their sins. He pardons and absolves all those who truly repent, and with sincere hearts believe his holy Gospel. Therefore we beseech him to grant us true repentance and his Holy Spirit, that those things may please him which we do on this day, and that the rest of our life hereafter may be pure and holy, so that at the last we may come to his eternal joy; through Jesus Christ our Lord. **Amen.**

The Peace

The peace of the Lord be always with you.

And also with you.

Following the exchange of peace in the church, peace is exchanged with the congregation on Zoom.

The Offertory

Offer to God a sacrifice of thanksgiving, and make good your vows to the Most High.

Psalm 50:14



It's Easy to Give Electronically to St. Thomas

Scan the QR code, or visit the GIVING page on the St. Thomas website:

<https://stthomasmcleanva.org/giving/donate>.

Offertory Anthem

Share with the Hungry Your Bread

Carol Muehling

Audrey Adair, Flutist

Share with the hungry your bread,
take to the lonely your heart,
strengthen the weak as in weakness you give,
daily allow for fresh starts.
Live in the moment as moments do come,
live out the calling begun.

Tenderly touch your mistakes,
softly embrace where you failed,
treasure the measures of longing and love,
open to change from above.
Live with the question as questions do come,
live out the answer begun.

Gently admit to your pain,
frequently visit the strain,
look to what tension, what terror you yield,
kneel on the earth of their field.
Sit in discomfort for patience to come,
live out the healing begun.

Lovingly honor your grief,
patiently pray for relief;
dig up your weakness and pain and mistake,
hold it to see it abate.
Human and tender we willingly come,
living what Christ has begun.

THE HOLY COMMUNION

The Great Thanksgiving

Eucharistic Prayer C (2024 Update)

May God be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

God of all power, Source and Sustainer of the Universe, you are worthy of glory and praise.

Glory to you for ever and ever.

At your command all things came to be: shining light and enfolding dark; the vast expanse of interstellar space, galaxies, suns, and this fragile earth, our island home.

By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with the capacity for memory, reason, and skill. You made us the stewards of your creation. But we turned against you, and betrayed your trust; and we turned against one another.

Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your eternal Word, born of your servant Mary, to fulfill your Law, opening for us the way of freedom and peace.

By his blood, he reconciled us. By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus

Sanctus on Picardy

Dr. Lori Lind

The musical score is written in 4/4 time with a key signature of one flat (Bb). It consists of three staves of music. The first staff begins with a dynamic marking of *f* and contains the lyrics: "ho - ly ho - ly ho - ly Lord, God of pow'r and-might hea-ven and earth are". The second staff starts at measure 6 and contains the lyrics: "full - of your great glo - ry! Ho-san-na in the high - est ho-san-na in the high - est!". The third staff starts at measure 12 and contains the lyrics: "comes in the name of the Lord! - Ho-san-na in the high - est". This staff includes dynamic markings of *cresc.* and *ff*.

On the night he was betrayed Jesus took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, Jesus took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption and offering to you this sacrifice of thanksgiving,

We celebrate Christ's death and resurrection as we await the day of his coming.

Therefore, O God, we who have been redeemed by Jesus Christ, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Savior.

Sanctify us also, and let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

Risen Lord, be known to us in the breaking of the Bread.

God of our ancestors; Redeemer and Mother of Israel; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us.

Deliver us from the presumption of coming to this Table for solace only and not for strength; for pardon only and not for renewal.

Accept these prayers and praises, Almighty God, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to pray,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

Fraction

Lenten Fraction on Picardy

Dr. Lori Lind

Je - sus - Lamb of - God that takes a-way the sins of the world -

8
Je - sus Lamb of - God that takes a-way the sins of the world Have mer - cy u -

16
pon - us, And grant us peace u - pon - the earth

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith with thanksgiving.

A note about the distribution of the Eucharist:

We offer both the common cup and a cup for intinction. If you would like to receive by intinction, please go the left side of the altar rail and the presiding priest will dip the bread in the cup for you. If you would like to sip from the common cup, please go to the right side of the altar rail where the bread and the cup will be offered separately.

Prayer for Spiritual Communion on Zoom

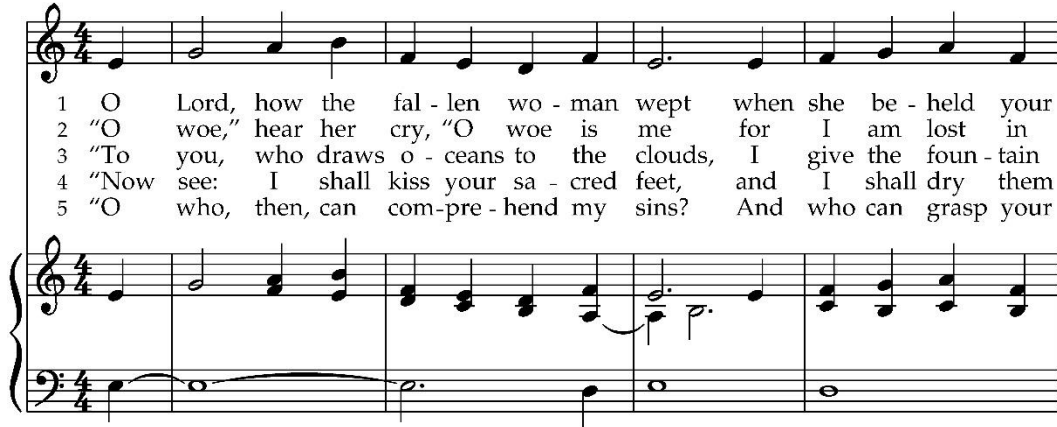
While some are receiving communion at church, those worshiping on Zoom say the following prayer:

My Jesus, I believe that you are present in the Blessed Sacrament. I love you above all things and I desire you in my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. As though you were already there, I embrace you and unite myself wholly to you; never permit me to be separated from you. Amen. ~ from St. Augustine's Prayer Book

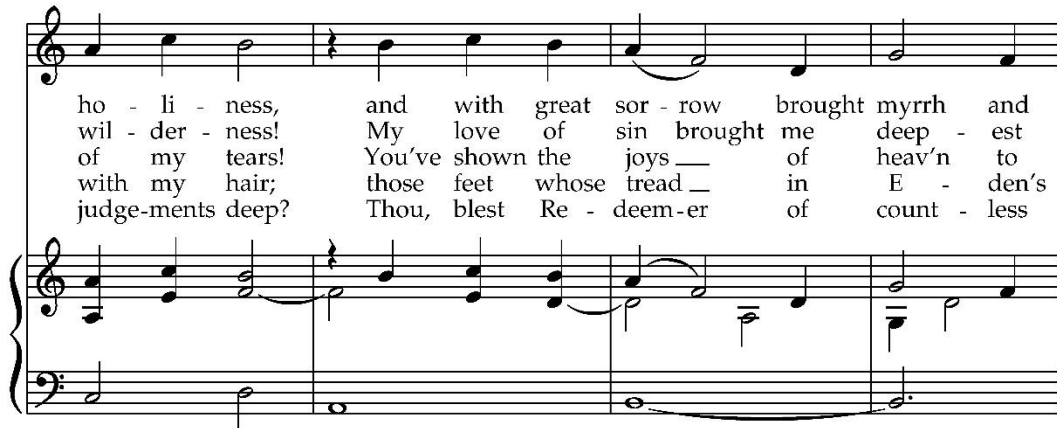
Communion Hymn

O Lord, How the Fallen Woman Wept

#41 Voices Found



1 O Lord, how the fal - len wo - man wept when she be - held your
2 "O woe," hear her cry, "O woe is me for I am lost in
3 "To you, who draws o - ceans to the clouds, I give the foun - tain
4 "Now see: I shall kiss your sa - cred feet, and I shall dry them
5 "O who, then, can com - pre - hend my sins? And who can grasp your



ho - li - ness, and with great sor - row brought myrrh and
wil - der - ness! My love of sin brought me deep - est
of my tears! You've shown the joys — of heav'n to
with my hair; those feet whose tread — in E - den's
judge - ments deep? Thou, blest Re - deem - er of count - less



spice, an - noint - ing you for par - a - dise.
night, my way is dark; there is — no light.
me; in mer - cy hear my ag - o - ny.
groves caused Eve to hide her face — in dread.
souls: re - mem - ber me, re - mem - ber me."

Post-communion Prayer for a Multi-located Congregation

Let us pray. **God of abundance, we gather as your faithful people near and far. We believe you are present with us as we are united with Christ and one another in prayer and sacrament. We thank you for feeding all of us with your love and for making us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your love to the world and continue for ever in the risen life of Christ our Savior. Amen.** *Written by the Rev. Dorota Wright-Pruski, adapted by the Rev. Will Drosos*

The Blessing

Grant, most merciful Lord, to your faithful people pardon and peace, that they may be cleansed from all their sins, and serve you with a quiet mind; through Christ our Lord. And may the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. **Amen.**

Recessional Hymn

The Glory of These Forty Days

#143 Blue Hymnal



1 The glo - ry of these for - ty days we
2 A - lone and fast - ing Mo - ses saw the
3 So Dan - iel trained his mys - tic sight, de -
4 Then grant us, Lord, like them to be full
* 5 O Fa - ther, Son, and Spi - rit blest, to



1 cc - le - brate with songs of praise; for Christ, through whom all
2 lov - ing God who gave the law; and to E - li - jah,
3 liv - ered from the li - ons' might; and John, the Bride - groom's
4 oft in fast and prayer with thee; our spi - rits strength - en
5 thee be ev - ery prayer ad - dressed, who art in three - fold



1 things were made, him - self has fast - ed and has prayed.
2 fast - ing, came the steeds and char - i - ots of flame.
3 friend, be - came the her - ald of Mes - si - ah's name.
4 with thy grace, and give us joy to see thy face.
5 Name a - dored, from age to age, the on - ly Lord.

Words: Latin, 6th cent.; tr. Maurice F. Bell (1862-1947), alt. By permission of Oxford University Press. Music: *Erhalt uns, Herr*, melody from *Geistliche Leiden*, 1543; harm. Johann Sebastian Bach (1685-1750).

The Dismissal

Let us bless the Lord.
Thanks be to God.

Postlude

Worship Participants

Presider	Rev. Caroline Mitchell
Preacher	Rev. Fran Gardner-Smith
Acolytes	Will Ferris & Louise Armitage
Altar Guild	Susan Cowart
Digital Usher	Bruce Allan
Lector	Rev. David Smith

MARCH VESTRY PERSON

Rick Howe

rhowelaw@gmail.com

515-229-8414

Questions, comments, concerns, compliments, all welcome.



PRACTICE GRATITUDE CHANGE THE WORLD

The United Thank Offering (UTO) was begun in 1889 by Julia Chester Emery who hoped to collect the prayers and grateful offerings of The Episcopal Church to support missions abroad. Many of us may remember the little blue “mite boxes” of our youth in which we placed coins as an expression of our thanks. The St. Thomas Episcopal Church Women (ECW) has sponsored UTO for many years to encourage the practice and discipline of gratitude and to raise money for projects that address compelling needs around the world such as clean water, and education.

Last Sunday, youth of our church constructed a large blue box, designed and assisted by Ray Raymond, which will be placed in the Narthex throughout Lent. There are slips of paper with “I am grateful or I am thankful for” on one side. You are asked to take note of that for which you are grateful on the other side and drop the slip of paper and/or a donation into the box. You are also welcome to take a little blue box home to collect your expressions of gratitude. We will have an Ingathering of little blue boxes after Lent.



A Pilgrimage with the Stations of the Cross

LENTEN PROGRAM

ST THOMAS EPISCOPAL CHURCH IN MCLEAN, VA

MARCH 9TH AFTER CHURCH AT 11:10 A.M.

MARCH 18TH AT 6 P.M. WITH MARGARET ADAMS PARKER & REV'D DR. KATHERINE SONDEREGGER. SOUP AND SALAD DINNER.

MARCH 23RD, 30TH, AND APRIL 6TH AFTER CHURCH AT 11:10 A.M.

The stations of the cross originated in the old city of Jerusalem, giving pilgrims to the Holy Land the opportunity to follow in the footsteps of Jesus, as he traveled from his arrest to his death on the cross. Eventually, artists began creating stations of the cross to hang in churches around the world so that pilgrims could make that journey, with the help of visual images, even if they were unable to travel to Jerusalem.

St. Thomas has had a robust history with the stations of the cross, praying these prayers and making this pilgrimage on Good Friday, for many years. This year, through a collaboration with the artist Margaret Adams Parker (Peggy) and Jeff Crigler, we have a new set of the Stations of the Cross that will hang year round in our sanctuary. This year, our Lenten program will be led by Beth Clarke. She'll lead us in an exploration of the history of the stations, we'll experience the service of the Stations of the Cross, and we'll learn ways to use the stations in our own devotions.

Mostly we'll meet on Sundays: March 9, March 23, March 30, and April 6. And, on Tuesday March 18, the artist Peggy Parker, along with The Rev. Dr. Katherine Sonderegger (Professor of Theology at Virginia Theological Seminary) will join us for one soup supper. Peggy will talk about her work and Kate will share wisdom from the book they co-wrote called *Praying the Stations of the Cross: Finding Hope in a Weary Land*. If you'd like to purchase the book, you can find it on Amazon where it is available as both a hardcover and a Kindle book: <https://tinyurl.com/yc632ct4>

We have created a sign up genius for our one soup supper. Dinner will be at 6pm. We'll need two people to set up at 5:15 and 2 to clean up following the program, as well as folks to bring soups, salads, and bread + butter. You can access the Sign Up Genius here: <https://tinyurl.com/28jn2sv5>

Please reach out to Beth or Fran if you have any questions.

PRAYER FOR ST. THOMAS CHURCH

Almighty God, by your Spirit the whole body of your Church is governed and sanctified. Hear our prayer for St. Thomas: build in us a renewed vision of your Church; shape our life according to your will; empower us with the gifts to make us one, that together we may grow as a church in the spiritual strength of community, and reach out to include all people in Christ's love, through Jesus Christ our Lord. Amen.

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