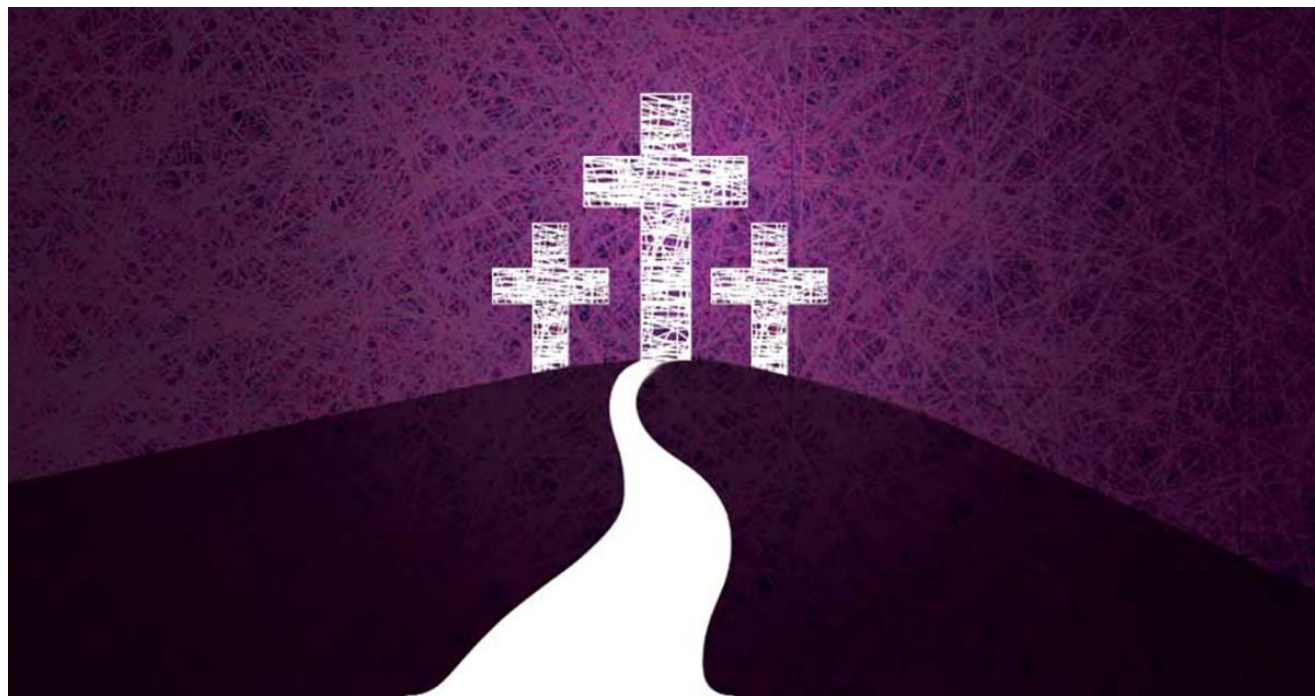




ST. THOMAS
EPISCOPAL CHURCH

We, the baptized ministers,
declare Christ's Mission for us:
to grow as a Church
in the spiritual strength
of community,
and to care, reach out,
and include all people in Christ's love.

Second Sunday in Lent



Holy Eucharist, Rite II—10:00 AM

March 16, 2025

Welcome to St. Thomas! We are so glad that you are here with us. If you are new to our community, we invite you to fill out a welcome card located in the pew rack in front of you, and either place it in the offering plate or hand it to a priest. We also invite you to stay with us for coffee hour after the service.

THE WORD OF GOD

Choral Introit

Lord Jesus, Think on Me

#641 Hymnal 1982

Welcome

The Rev. Will Drosos

Procession

The God of Abraham Praise

#401 Hymnal 1982

1 The God of A - braham praise, who reigns en - throned a - bove;
 2 He by him - self hath sworn: we on his oath de - pend;
 3 There dwells the Lord, our King, the Lord, our Right - cious - ness,
 4 The God who reigns on high the great arch - an - gels sing,
 5 The whole tri - um - phant host give thanks to God on high;

1 An - cient of ev - er - last - ing days, and God of love;
 2 we shall, on ea - gle - wings up - borne, to heaven a - scend:
 3 tri - um - phant o'er the world and sin, the Prince of Peace;
 4 and "Ho - ly, ho - ly, ho - ly," cry, "Al - might - y King!
 5 "Hail, Fa - ther, Son, and Ho - ly Ghost!" they ev - er cry;

1 the Lord, the great I AM, by earth and heaven con - fessed:
 2 we shall be - hold his face, we shall his power a - dore,
 3 on Zi - on's sa - cred height his king - dom he main - tains,
 4 Who was, and is, the same, and ev - er - more shall be:
 5 hail, A - braham's Lord di - vine! With heaven our songs we raise;

we bow and bless the sa - cred Name for ev - er blest.
 and sing the won - ders of his grace for ev - er - more.
 and, glo - rious with his saints in light, for ev - er reigns.
 e - ter - nal Fa - ther, great I AM, we wor - ship thee."
 all might and ma - jes - ty are thine, and end - less praise.

Words: Thomas Olivers (1725-1799), alt. Music: *Leoni*, Hebrew melody; harm. *Hymns Ancient and Modern*, 1875, alt.

A Penitential Order

Bless the Lord who forgives all our sins.

His mercy endures forever.

If we say that we have no sin, we deceive ourselves, and the truth is not in us. But if we confess our sins, God, who is faithful and just, will forgive our sins and cleanse us from all unrighteousness.

Confession and Absolution of Sin

Let us confess our sins against God and our neighbor. *A time of silence.* Together, let us pray: **God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.**

Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

During the singing of the Trisagion, children from Pre-K to 3rd Grade are invited to follow the crucifer to Children’s Chapel.

Trisagion

Trisagion on Picardy (sung three times)

Dr. Lori Lind

Andantino Ho - ly - God, Ho - ly and Migh - ty, Ho - ly Im - mor -

7 tal - One - - Have mer - cy - u - pon - - - us, - Have mer - cy on - - - us.

15

The Collect of the Day

The Lord be with you. **And also with you.** Let us pray.

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever. **Amen.**

The Lessons

The First Lesson

Genesis 15:1-12,17-18

A reading from Book of Genesis.

The word of the Lord came to Abram in a vision, "Do not be afraid, Abram, I am your shield; your reward shall be very great." But Abram said, "O Lord God, what will you give me, for I continue childless, and the heir of my house is Eliezer of Damascus?" And Abram said, "You have given me no offspring, and so a slave born in my house is to be my heir." But the word of the Lord came to him, "This man shall not be your heir; no one but your very own issue shall be your heir." He brought him outside and said, "Look toward heaven and count the stars, if you are able to count them." Then he said to him, "So shall your descendants be." And he believed the Lord; and the Lord reckoned it to him as righteousness.

Then he said to him, "I am the Lord who brought you from Ur of the Chaldeans, to give you this land to possess." But he said, "O Lord God, how am I to know that I shall possess it?" He said to him, "Bring me a heifer three years old, a female goat three years old, a ram three years old, a turtledove, and a young pigeon." He brought him all these and cut them in two, laying each half over against the other; but he did not cut the birds in two. And when birds of prey came down on the carcasses, Abram drove them away.

As the sun was going down, a deep sleep fell upon Abram, and a deep and terrifying darkness descended upon him.

When the sun had gone down and it was dark, a smoking fire pot and a flaming torch passed between these pieces. On that day the Lord made a covenant with Abram, saying, "To your descendants I give this land, from the river of Egypt to the great river, the river Euphrates."

The Word of the Lord.

Thanks be to God.

Psalm 27 (*We will pray Psalm 27 responsively by half verse*)

- 1 The Lord is my light and my salvation; whom then shall I fear? *
the Lord is the strength of my life; of whom then shall I be afraid?
- 2 When evildoers came upon me to eat up my flesh, *
it was they, my foes and my adversaries, who stumbled and fell.
- 3 Though an army should encamp against me, *
yet my heart shall not be afraid;
- 4 And though war should rise up against me, *
yet will I put my trust in him.
- 5 One thing have I asked of the Lord; one thing I seek; *
that I may dwell in the house of the Lord all the days of my life;
- 6 To behold the fair beauty of the Lord *
and to seek him in his temple.
- 7 For in the day of trouble he shall keep me safe in his shelter; *
he shall hide me in the secrecy of his dwelling and set me high upon a rock.
- 8 Even now he lifts up my head *
above my enemies round about me.
- 9 Therefore I will offer in his dwelling an oblation with sounds of great gladness; *
I will sing and make music to the Lord.
- 10 Harken to my voice, O Lord, when I call; *
have mercy on me and answer me.
- 11 You speak in my heart and say, "Seek my face." *
Your face, Lord, will I seek.
- 12 Hide not your face from me, *
nor turn away your servant in displeasure.
- 13 You have been my helper; cast me not away; *
do not forsake me, O God of my salvation.
- 14 Though my father and my mother forsake me, *
the Lord will sustain me.
- 15 Show me your way, O Lord; *
lead me on a level path, because of my enemies.
- 16 Deliver me not into the hand of my adversaries, *
for false witnesses have risen up against me, and also those who speak malice.
- 17 What if I had not believed that I should see the goodness of the Lord *
in the land of the living!
- 18 O tarry and await the Lord's pleasure; be strong, and he shall comfort your heart; *
wait patiently for the Lord.



1 Take up your cross, the Sa - vior said, if
 2 Take up your cross, let not its weight fill
 3 Take up your cross, heed not the shame, and
 4 Take up your cross, then, in his strength, and
 5 Take up your cross, and fol - low Christ, nor



1 you would my dis - ci - ple be; take up your cross with
 2 your weak spi - rit with a - larm; his strength shall bear your
 3 let your fool - ish heart be still; the Lord for you ac -
 4 calm - ly ev - ery dan - ger brave: it guides you to a -
 5 think till death to lay it down; for on - ly those who



1 will - ing heart, and hum - bly fol - low af - ter me.
 2 spi - rit up, and brace your heart, and nerve your arm.
 3 cept - ed death up - on a cross, on Cal - vary's hill.
 4 bun - dant life and leads to vic - tory o'er the grave.
 5 bear the cross may hope to wear the glo - rious crown.

Words: Charles William Everest (1814-1877), alt. Music: *Bourbon*, melody att. Freeman Lewis (1780-1859); harm. John Leon Hooker (b. 1944).

The Gospel

Luke 13:31-35

The Holy Gospel of our Lord Jesus Christ according to Luke.

Glory to you, Lord Christ.

Some Pharisees came and said to Jesus, "Get away from here, for Herod wants to kill you." He said to them, "Go and tell that fox for me, 'Listen, I am casting out demons and performing cures today and tomorrow, and on the third day I finish my work. Yet today, tomorrow, and the next day I must be on my way, because it is impossible for a prophet to be killed outside of Jerusalem.' Jerusalem, Jerusalem, the city that kills the prophets and stones those who are sent to it! How often have I desired to gather your children together as a hen gathers her brood under her wings, and you were not willing! See, your house is left to you. And I tell you, you will not see me until the time comes when you say, 'Blessed is the one who comes in the name of the Lord.'"

The Gospel of the Lord.

Praise to you, Lord Christ.

The Sermon

The Rev. Caroline Mitchell

The Nicene Creed

**We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God, eternally begotten of the Father,
God from God, Light from Light, true God from true God,
begotten, not made, of one Being with the Father.**

Through him all things were made.

For us and for our salvation he came down from heaven:

by the power of the Holy Spirit

he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;

he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,

and his kingdom will have no end.

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.**

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

Kneeling as you are able, let us pray.

From pride, vanity and hypocrisy; from envy, hatred and malice; and from all evil,

Savior deliver us.

From sloth, worldliness and love of money; from hardness of heart and contempt for your word,

Savior deliver us.

By the mystery of your holy incarnation; by your birth, childhood and obedience; by your baptism, fasting and temptation,

Savior deliver us.

By your ministry in word and work; by your mighty acts of power; by the preaching of your reign,

Savior deliver us.

By your agony and trial; by your cross and passion; by your precious death and burial,

Savior deliver us.

By your mighty resurrection; by your glorious ascension; and by your sending of the Holy Spirit,

Savior deliver us.

Hear our prayers, O Christ our God.

Hear us, O Christ.

Govern and direct your holy Church; fill it with love and truth; and grant it that unity which is your will.

Hear us, O Christ.

Enlighten all bishops, priests, deacons, and church staffs, especially the staff at St. Thomas, with knowledge and understanding, that by their teaching and their lives they may proclaim your word.

Hear us, O Christ.

Give your people grace to witness to your word and bring forth the fruit of your Spirit.

Hear us, O Christ.

Guide the leaders of the nations into the ways of peace and justice. Give your wisdom and strength to Donald Trump, the President of the United States, Glenn Youngkin, the Governor of Virginia, and the officials of Fairfax County, that in all things they may do your will, for your glory and the common good.

Hear us, O Christ.

Give us the will to use the resources of the earth to your glory and for the good of all. Hear our thanks for the blessings of this life, including Mike Alexander, Lily Ingraham, Mary Lee Montfort, and all those celebrating birthdays this week; for all those celebrating wedding anniversaries this week; and for all the blessings you now name [*pause*]. We pray,

Hear us, O Christ.

Heal the sick in body, mind or spirit, especially **Ethan, Vincent, Emily and Dave, Lynn, Betsy, Yusuf, Barbara, Andrew, Tony, Melissa, Jan, Tom, Scott, Vera, Steve, Kelli and Brent, Caroline, Rick, Nancy, Jackie, Enriqo, the people of Syria**, and those whom you would name [*pause*] and provide for those who are homeless, hungry or destitute.

Hear us, O Christ.

Show your compassion on prisoners, hostages and refugees, and all who are in trouble.

Hear us, O Christ.

Forgive our enemies, persecutors and slanderers, and turn their hearts.

Hear us, O Christ.

Hear us as we remember those who have died, especially... and grant us with them a share in your eternal glory. **Hear us, O Christ.**

Adapted from *Enriching Our Worship 1*, Church Publishing Inc., © 1998, by The Rev. Will Drosos

Together let us pray for St Thomas Church.

Almighty God, by your Spirit the whole body of your Church is governed and sanctified, hear our prayer for St Thomas, build in us a renewed vision of your Church; shape our life according to your will; empower us with the gifts to make us one that together we may grow as a church in the spiritual strength of community and reach out to include all people in Christ's love, through Jesus Christ, our Lord. Amen.

The Peace

The peace of the Lord be always with you.

And also with you.

Following the exchange of peace in the church, peace is exchanged with the congregation on Zoom.

UTO Moment of Gratitude

The Offertory

Offer to God a sacrifice of thanksgiving, and make good your vows to the Most High.

Psalm 50:14



It's Easy to Give Electronically to St. Thomas

Scan the QR code, or visit the GIVING page on the St. Thomas website:

<https://stthomasmcleanva.org/giving/donate>.

Offertory Anthem

Give to the Wind Your Fears

Robert J. Powell

Give to the wind your fears, have hope, be not afraid.
God hears your sighs and counts your tears,
God shall lift up your head.

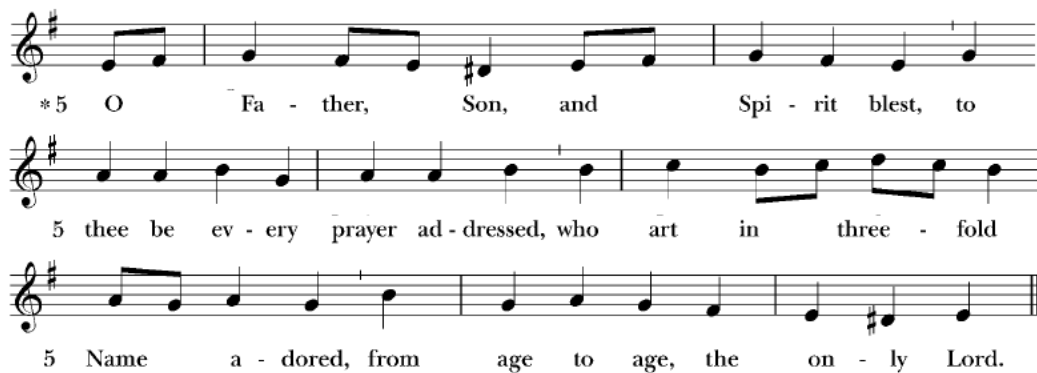
Through waves and clouds and storms, clears the way;
wait his own time;
so shall this night soon end in joyous day.

Leave to God's sovereign sway to choose and to command;
and so shall you, wondering, own that way,
how wise, how strong his hand.

On God the Lord rely, and safe shall you go on;
on God's work fix your steadfast eye;
so shall your work be done.

The Doxology

Hymnal 1982 #143, Verse 5



* 5 O Fa - ther, Son, and Spi - rit blest, to
5 thee be ev - ery prayer ad - dressed, who art in three - fold
5 Name a - dored, from age to age, the on - ly Lord.

THE HOLY COMMUNION

Gluten free wafers are available on request. As the Eucharist is distributed, all who desire prayers for healing—for themselves or for others—are invited to come to the healing minister behind the lectern on the right as you face the altar.

The Great Thanksgiving

Eucharistic Prayer C

(2024 Update Approved by General Convention)

May God be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

God of all power, Source and Sustainer of the Universe, you are worthy of glory and praise.

Glory to you for ever and ever.

At your command all things came to be: shining light and enfolding dark; the vast expanse of interstellar space, galaxies, suns, and this fragile earth, our island home.

By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with the capacity for memory, reason, and skill. You made us the stewards of your creation. But we turned against you, and betrayed your trust; and we turned against one another.

Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your eternal Word, born of your servant Mary, to fulfill your Law, opening for us the way of freedom and peace.

By his blood, he reconciled us. By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus Sanctus on Picardy

Dr. Lori Lind

ho - ly ho - ly ho - ly Lord, God of pow'r and might hea-ven and earth are
 full - of your great glo - ry! Ho-san-na in the high - est ho-san-na in the high - est!
 comes in the name of the Lord!-- Ho-san-na in the high - est
 Bless-ed is He who comes - in the name - of - the-Lord! Ho - san-na in the high - est
 in- the high - est!
 ho - san - na in the high - est!

On the night he was betrayed Jesus took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, Jesus took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption and offering to you this sacrifice of thanksgiving,

We celebrate Christ's death and resurrection as we await the day of his coming.

Therefore, O God, we who have been redeemed by Jesus Christ, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Savior.

Sanctify us also, and let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

Risen Lord, be known to us in the breaking of the Bread.

God of our ancestors; Redeemer and Mother of Israel; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us.

Deliver us from the presumption of coming to this Table for solace only and not for strength; for pardon only and not for renewal.

Accept these prayers and praises, Almighty God, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to pray,
Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

Fraction *Lenten Fraction on Picardy*

Dr. Lori Lind

Je - sus - Lamb of - God that takes a-way the sins of the world -

8
Je - sus Lamb of - God that takes a-way the sins of the world Have mer - cy u -

16
pon - us, And grant us peace u - pon - the earth

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith with thanksgiving.

A note about the distribution of the Eucharist:

We offer both the common cup and a cup for intinction. If you would like to receive by intinction, please go the left side of the altar rail and the presiding priest will dip the bread in the cup for you. If you would like to sip from the common cup, please go to the right side of the altar rail where the bread and the cup will be offered separately.

Prayer for Spiritual Communion on Zoom

While some are receiving communion at church, those worshipping on Zoom say the following prayer:

My Jesus, I believe that you are present in the Blessed Sacrament. I love you above all things and I desire you in my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. As though you were already there, I embrace you and unite myself wholly to you; never permit me to be separated from you. Amen. ~ from St.

Augustine's Prayer Book

Communion Hymn

Draw Nigh and Take the Body of the Lord

#328 Hymnal 1982

1 Draw nigh and take the Bo - dy of the Lord,
 2 Saved by that Bo - dy and that ho - ly Blood,
 3 Sal - va - tion's giv - er, Christ, the on - ly Son,
 4 Of - fered was he for great - est and for least,
 5 Ap - proach ye then with faith - ful hearts sin - cere,

1 and drink the ho - ly Blood for you out - poured.
 2 with souls re - freshed, we ren - der thanks to God.
 3 by his dear cross and blood the vic - tory won.
 4 him - self the Vic - tim, and him - self the Priest.
 5 and take the pledg - es of sal - va - tion here.

- 6 He that his saints in this world rules and shields
to all believers life eternal yields;
- 7 with heavenly bread he makes the hungry whole,
gives living waters to the thirsting soul.
- 8 Alpha-Omega, unto whom shall bow
all nations at the doom, is with us now.

Words: *Bangor Antiphoner*, ca. 690; tr. John Mason Neale (1818-1866), alt. Music: *Song 46*, melody and bass Orlando Gibbons (1583-1625); harm. *The English Hymnal*, 1906.

Post-communion Prayer for a Multi-located Congregation

Let us pray. **God of abundance, we gather as your faithful people near and far. We believe you are present with us as we are united with Christ and one another in prayer and sacrament. We thank you for feeding all of us with your love and for making us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your love to the world and continue for ever in the risen life of Christ our Savior. Amen.** *Written by the Rev. Dorota Wright-Pruski, adapted by the Rev. Will Drosos*

The Blessing

Keep this your family, Lord, with your never-failing mercy, that relying solely on the help of your heavenly grace, they may be upheld by your divine protection; through Christ our Lord. And may the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. **Amen.**

Announcements

Recessional Hymn

Now Let Us All with One Accord

#147 Hymnal 1982



1 Now let us all with one ac - cord, in
 2 The cov - e - nant, so long re - vealed to
 3 Your love, O Lord, our sin - ful race has
 4 Re - mem - ber, Lord, though frail we be, in
 5 There - fore, we pray you, Lord, for - give; so



1 com - pa - ny with a - ges past, keep vi - gil with our
 2 those of faith in for - mer time, Christ by his own ex -
 3 not re - turned, but fal - si - fied; au - thor of mer - cy,
 4 your own i - mage were we made; help us, lest in anx -
 5 when our wan - derings here shall cease, we may with you for



1 heaven - ly Lord in his temp - ta - tion and his fast.
 2 am - ple sealed, the Lord of love, in love sub - lime.
 3 turn your face and grant re - pent - ance for our pride.
 4 i - e - ty, we cause your Name to be be - trayed.
 5 ev - er live, in love and u - ni - ty and peace.

Words: Att. Gregory the Great (540-604); tr. *Praise the Lord*, 1972, alt. James Quinn, SJ. Printed by permission of Geoffrey Chapman, a division of Cassell Ltd. Music: *Bourbon*, melody att. Freeman Lewis (1780-1859); harm. Thomas Foster (b. 1938).

The Dismissal

Go in peace to love and serve the Lord.

Thanks be to God.

Worship Participants

Presider	Rev. Will Drosos
Preacher	Rev. Caroline Mitchell
Acolyte	Will Ferris
Altar Guild	Jan Hamilton
Digital Usher	Mary Lee Montfort
Digital Verger	Chuck Grimes
Children's Chapel	Lael Lyons & Beth Clarke
Eucharistic Ministers	Beth Clarke & Pat Smith
Healing Minister	Rev. Fran Gardner-Smith
Lector & Intercessor	Pat Smith
Usher	Becky Vantorini
Fellowship Hour Host	Becky & Jim Vantorini
Counters	Will Ferris & Lynne Montgomery

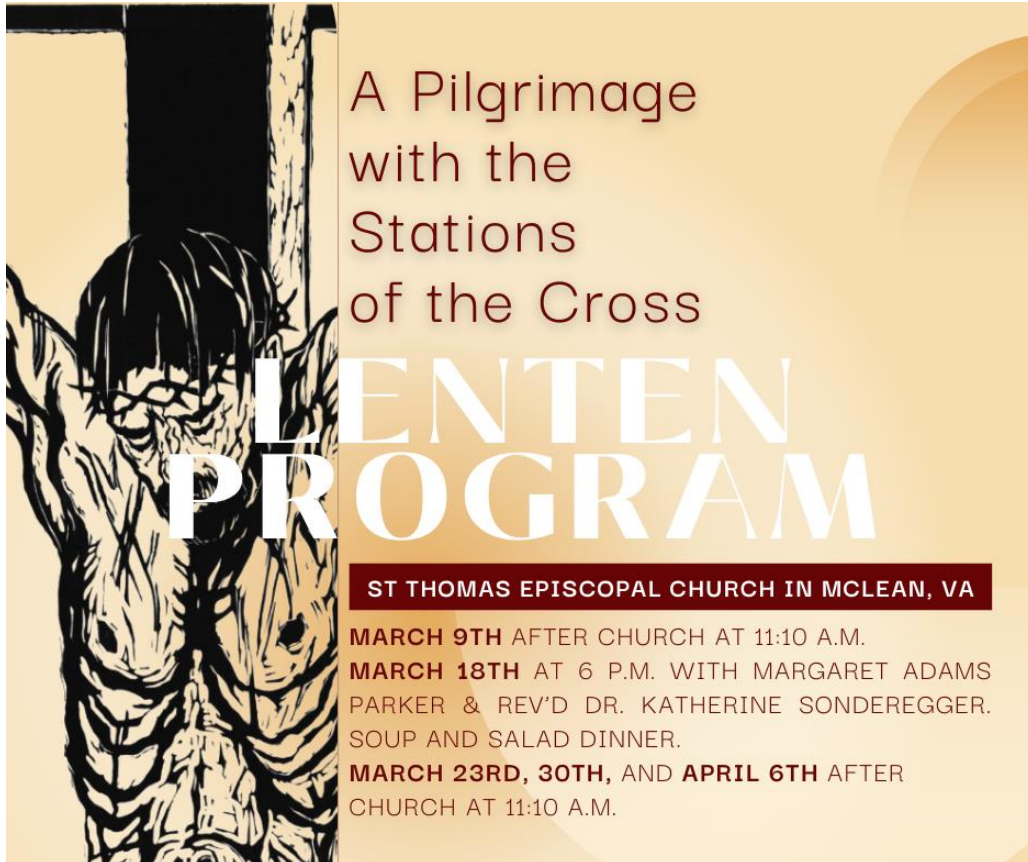
MARCH VESTRY PERSON

Rick Howe

rhowelaw@gmail.com

515-229-8414

Questions, comments, concerns, compliments, all welcome.



A Pilgrimage
with the
Stations
of the Cross

**LENTEN
PROGRAM**

ST THOMAS EPISCOPAL CHURCH IN MCLEAN, VA

MARCH 9TH AFTER CHURCH AT 11:10 A.M.
MARCH 18TH AT 6 P.M. WITH MARGARET ADAMS
PARKER & REV'D DR. KATHERINE SONDEREGGER.
SOUP AND SALAD DINNER.
MARCH 23RD, 30TH, AND APRIL 6TH AFTER
CHURCH AT 11:10 A.M.

On Tuesday March 18, the artist Peggy Parker, along with The Rev. Dr. Katherine Sonderegger (Professor of Theology at Virginia Theological Seminary) will join us for a soup supper. Peggy will talk about her work and Kate will share wisdom from the book they co-wrote called *Praying the Stations of the Cross: Finding Hope in a Weary Land*. If you'd like to purchase the book, you can find it on Amazon where it is available as both a hardcover and a Kindle book: <https://tinyurl.com/yc632ct4>



Please sign up here if you are able to bring a Vegan Salad for supper: <https://tinyurl.com/28jn2sv5>



We will resume meeting on Sundays after church starting next week: March 23, March 30, and April 6. Please reach out to Beth or Fran if you have any questions.

PRAYER FOR ST. THOMAS CHURCH

Almighty God, by your Spirit the whole body of your Church is governed and sanctified. Hear our prayer for St. Thomas: build in us a renewed vision of your Church; shape our life according to your will; empower us with the gifts to make us one, that together we may grow as a church in the spiritual strength of community, and reach out to include all people in Christ's love, through Jesus Christ our Lord. Amen.

MINISTERS

The Baptized Faithful of St. Thomas Episcopal Church
The Most Rev. Sean Rowe, *Presiding Bishop*
The Rt. Rev. E. Mark Stevenson, *Bishop*
The Rt. Rev. Gayle E. Harris, *Assistant Bishop*
The Rt. Rev. James Joseph "Bud" Shand, *Visiting Bishop*

The Rev. Fran Gardner-Smith, <i>Rector</i>	540-532-5665 – fran.gardnersmith@stthomasmcleanva.org
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Ms. Beth Clarke, <i>Seminarian</i>	602-463-5289 – eclarke@vts.edu

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Alan Thode		afthode@hotmail.com	

OTHER LEADERS

David Alton Smith	Register	dapy.smith@gmail.com	703-488-0442
Pat Smith	Treasurer	pysmith51@gmail.com	703-338-0974
Steve Wickman	Diocesan Delegate	wickmansb@msn.com	571-393-8544
Becky Ventorini	Alternate Delegate	beckyventorini@gmail.com	202-390-4412

STAFF

Rishabh Bajekal	Parish Administrator	Rishabh.bajekal@stthomasmcleanva.org	703-442-0330
Mary Cyrus	Accountant	accountant@stthomasmcleanva.org	703-442-0330
Nicole Warga	Cribbery Caregiver	ncwarga00@hotmail.com	703-476-9476

The Skinny at St. Thomas

March 16th, 2025



More information about many of these events can be found on the Announcements page on our website. Scan the QR code to see them.

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A Pilgrimage with the Stations of the Cross Lenten Soup Supper and Program this week

Led by Beth Clarke, we will explore the history of the stations, we'll experience the service of the Stations of the Cross, and we'll learn ways to use the stations in our own devotions. On Tuesday, March 18th, we will have a special soup supper with guests Peggy Parker and The Rev. Dr. Katherine Sonderegger. We'll meet on 23rd, 30th, and April 6th after church. More information can be found in your bulletin.

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United Thank Offering Mighty Mite Box "Practice Gratitude, Change the World."

Gratitude is a pretty simple concept, but it is something many people find hard to practice. For a beautiful sunset or recovery from illness, we give thanks to God and during the Lenten season, you might drop a coin into the little Blue Boxes at home or into our Mighty Mite Box in the Narthex. Include a slip of paper with your donation, expressing your thanks. Since 1883, UTO has given hundreds of millions of dollars in grants to address needs worldwide. St. John's Episcopal Church in Olney, MD received a UTO grant of \$87,000 to build the first secondary education school for girls in Masai, Tanzania. This school, St. Catherine's, is a boarding school for 200 girls offering educational courses in a clean and safe environment. Today, during coffee hour in Hudson Hall, there are display boards with photos of the school construction. Please take a look and learn about what UTO made possible for this community.

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UTO Silent Auction for Wool Coverlet

Don't forget about the silent auction for the lovely woven wool coverlet in the Narthex. Donated to the ECW by Barbara Wicks, proceeds will be donated to UTO.

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Make It March... Check Out Ushering!

You are invited to do a trial run as an usher, next Sunday, March 23rd! You'll shadow a very experienced usher and hopefully see how easy and fulfilling this ministry is!

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Make It March... Check Out Acolyting!

Calling all aspiring acolytes! Reach out to Ed Rhodes at edrhodes@gmu.edu for more info.

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Ladies Lunch Bunch

4th Monday, March 24th at 11:15 am

Kalypso's Sports Tavern

(Lake Anne Plaza – Main Parking Lot)

1617 Washington Plaza N, Reston, VA 20190

Contact Audrey at (813)956-7550 or Tricia at (571) 244-3142 to RSVP or if you're running late.

Thoughts for Difficult Times

An 8-Week Support Group for Federal Workers and Contractors

Meeting each Thursday from 7-8:15, this group is offered by Across Counseling and is facilitated by Kathianne Smith, LCSW.

You can sign up here:

https://docs.google.com/forms/d/e/1FAIpQLS_eHhw4WTikAJOFsE5B-nHvNTXFCF94TTdhhDK8ONbHnAJEPgA/viewform

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ECW Pysanky Workshops

St. Thomas Episcopal Church Women are offering 5 Pysanky (Ukrainian Easter Eggs) Workshops this year. There will be one workshop on March 25 midday, and two workshops on March 26 and 27, at midday and during the evening. You will learn how to make a beautiful pysanka. Lunch or dinner will be served, and all donations will be given to World Central Kitchen. Here's the link to the sign up:

<https://www.signupgenius.com/go/10C0B44ACA29A3FD0-55182944-pysanky#/>

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Share Garden 2025 Kickoff!

Saturday, March 29th at 9:30 am

We'll clean up the garden, till the soil, and plant some of the early crops. If you'd like to participate, please reach out to Jon Spear at Jon.spear1@verizon.net or 571-251-6547.

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Shakespeare Opera Theatre Presents: Drowning Ophelia

April 4th to 12th. A dark comedy performed in one act about the long-term consequences of childhood abuse, and a love letter to those who have suffered. There is always hope. For show dates and tickets, please visit

<https://shakespeareoperatheatre.com/>

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This Week

Monday March 17th

12 pm – Noonday Prayer

5 pm – MIC Ramadan Worship

Tuesday March 18th

12 pm – Midweek Eucharist

6 pm – Lenten Soup Supper and Program

Wednesday March 19th

10 am – Staff Meeting

12 pm – Noonday Prayer

7 pm – SOT Rehearsal

7:30 pm – ECW Book Group

8:30 pm – MIC Ramadan Worship

Thursday March 20th

12 noon – Noonday Prayer

5 pm – MIC Ramadan Worship

Friday March 21st

11 am – MIC Weekly Worship

5 pm – SOT Rehearsal

8:30 pm – MIC Ramadan Worship

Saturday March 22nd

2:30 pm – SOT Tech Day

8:30 pm – MIC Ramadan Worship

Sunday March 23rd

8:45 am – Choir Rehearsal

10 am – Worship

11:10 am – Lenten Program

2:30 pm – SOT Rehearsal

8:30 pm – MIC Ramadan Worship