



**ST. THOMAS**  
EPISCOPAL CHURCH

We, the baptized ministers,  
declare Christ's Mission for us:  
to grow as a Church  
in the spiritual strength  
of community,  
and to care, reach out,  
and include all people in Christ's love.

# Sixth Sunday after Pentecost



Holy Eucharist, Rite II—10:00 AM

July 20, 2025

Welcome to St. Thomas! We are so glad that you are here with us. If you are new to our community, we invite you to fill out a welcome card located in the pew rack in front of you, and either place it in the offering plate or hand it to a priest. We also invite you to stay with us for coffee hour after the service.

## THE WORD OF GOD

### Welcome

The Rev. Dr. Caroline Mitchell

### Prelude

### Procession

*The God of Abraham Praise*

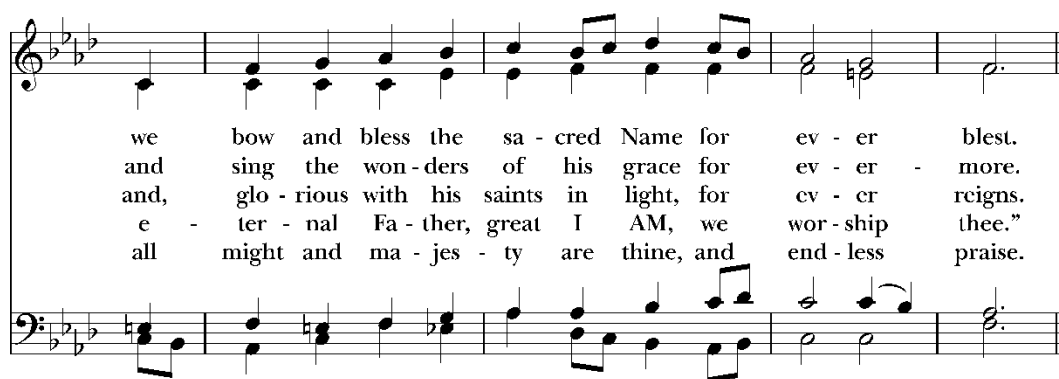
#401 Hymnal 1982



1 The God of A - braham praise, who reigns en - throned a - bove;  
 2 He by him - self hath sworn: we on his oath de - pend;  
 3 There dwells the Lord, our King, the Lord, our Right - cou - ness,  
 4 The God who reigns on high the great arch - an - gels sing,  
 5 The whole tri - um - phant host give thanks to God on high;

1 An - cient of ev - er - last - ing days, and God of love;  
 2 we shall, on ea - gle - wings up - borne, to heaven a - scend:  
 3 tri - um - phant o'er the world and sin, the Prince of Peace;  
 4 and "Ho - ly, ho - ly, ho - ly," cry, "Al - might - y King!  
 5 "Hail, Fa - ther, Son, and Ho - ly Ghost!" they ev - er cry;

1 the Lord, the great I AM, by earth and heaven con - fessed:  
 2 we shall be - hold his face, we shall his power a - dore,  
 3 on Zi - on's sa - cred height his king - dom he main - tains,  
 4 Who was, and is, the same, and ev - er - more shall be:  
 5 hail, A - braham's Lord di - vine! With heaven our songs we raise;



Words: Thomas Olivers (1725-1799), alt. Music: *Leoni*, Hebrew melody; harm. *Hymns Ancient and Modern*, 1875, alt.

### **The Acclamation**

Blessed be God: Father, Son, and Holy Spirit.

**And blessed be his kingdom, now and for ever. Amen.**

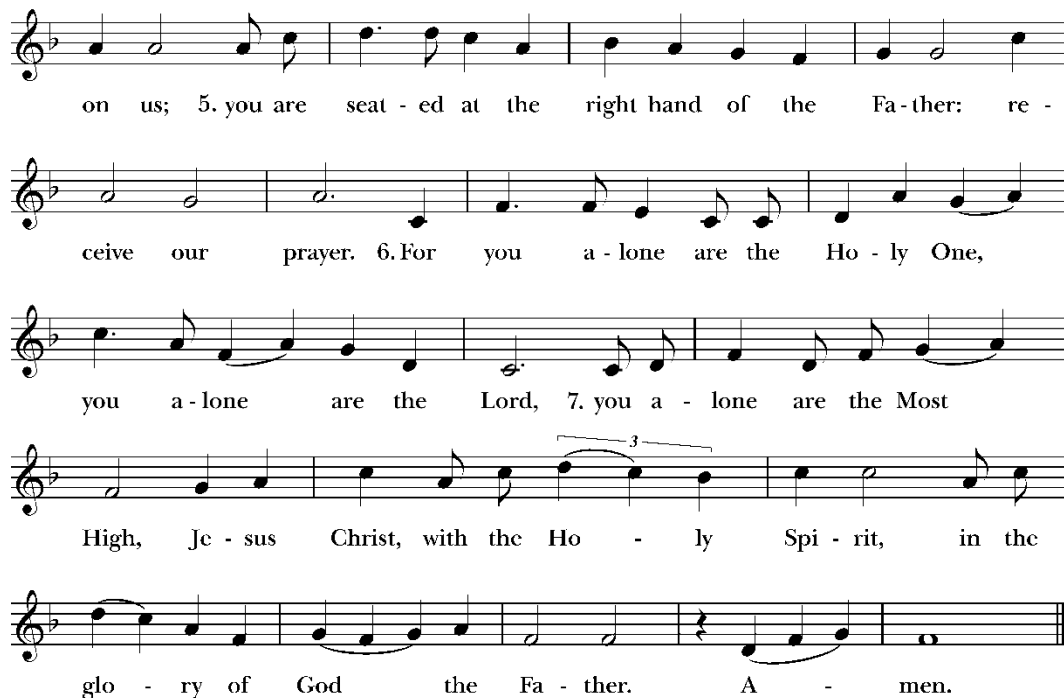
### **Collect for Purity**

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

### **Gloria**

*Glory to God*

**#S280 Hymnal 1982**



Music: Robert Powell (b. 1932), rev. Setting: Copyright © Church Publishing Inc.

### **The Collect of the Day**

The Lord be with you. **And also with you.** Let us pray.

Almighty God, the fountain of all wisdom, you know our necessities before we ask and our ignorance in asking: Have compassion on our weakness, and mercifully give us those things which for our unworthiness we dare not, and for our blindness we cannot ask; through the worthiness of your Son Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

### **The Lessons**

#### **The First Lesson**

#### **Amos 8:1-12**

A reading from the Prophet Amos.

This is what the Lord God showed me-- a basket of summer fruit. He said, "Amos, what do you see?" And I said, "A basket of summer fruit." Then the Lord said to me,

"The end has come upon my people Israel; I will never again pass them by. The songs of the temple shall become wailings in that day," says the Lord God; "the dead bodies shall be many, cast out in every place. Be silent!" Hear this, you that trample on the needy, and bring to ruin the poor of the land, saying, "When will the new moon be over so that we may sell grain; and the sabbath, so that we may offer wheat for sale? We will make the ephah small and the shekel great, and practice deceit with false balances, buying the poor for silver and the needy for a pair of sandals, and selling the sweepings of the wheat."

The Lord has sworn by the pride of Jacob: Surely I will never forget any of their deeds. Shall not the land tremble on this account, and everyone mourn who lives in it, and all of it rise like the Nile, and be tossed about and sink again, like the Nile of Egypt? On that day, says the Lord God, I will make the sun go down at noon, and darken the earth in broad daylight. I will turn your feasts into mourning, and all your songs into lamentation; I will bring sackcloth on all loins, and baldness on every head; I will make it like the mourning for an only son, and the end of it like a bitter day. The time is surely coming, says the Lord God, when I will send a famine on the land; not a famine of bread, or a thirst for water, but of hearing the words of the Lord. They shall wander from sea to sea, and from north to east; they shall run to and fro, seeking the word of the Lord, but they shall not find it.

The Word of the Lord.

**Thanks be to God.**

**Psalm 52** (*We will pray Psalm 52 responsively by half verse*)

- 1 You tyrant, why do you boast of wickedness \*  
**against the godly all day long?**
- 2 You plot ruin; your tongue is like a sharpened razor, \*  
**O worker of deception.**
- 3 You love evil more than good \*  
**and lying more than speaking the truth.**
- 4 You love all words that hurt, \*  
**O you deceitful tongue.**
- 5 Oh, that God would demolish you utterly, \*  
**topple you, and snatch you from your dwelling,  
and root you out of the land of the living!**
- 6 The righteous shall see and tremble, \*  
**and they shall laugh at him, saying,**
- 7 "This is the one who did not take God for a refuge, \*  
**but trusted in great wealth and relied upon wickedness."**
- 8 But I am like a green olive tree in the house of God; \*  
**I trust in the mercy of God for ever and ever.**
- 9 I will give you thanks for what you have done \*  
**and declare the goodness of your Name in the presence of the godly.**

**The Second Lesson**

**Colossians 1:15-28**

A reading from the letter to the Colossians.

Christ Jesus is the image of the invisible God, the firstborn of all creation; for in him all things in heaven and on earth were created, things visible and invisible, whether thrones or dominions or rulers or powers-- all things have been created through him and for him. He

himself is before all things, and in him all things hold together. He is the head of the body, the church; he is the beginning, the firstborn from the dead, so that he might come to have first place in everything. For in him all the fullness of God was pleased to dwell, and through him God was pleased to reconcile to himself all things, whether on earth or in heaven, by making peace through the blood of his cross.

And you who were once estranged and hostile in mind, doing evil deeds, he has now reconciled in his fleshly body through death, so as to present you holy and blameless and irreproachable before him-- provided that you continue securely established and steadfast in the faith, without shifting from the hope promised by the gospel that you heard, which has been proclaimed to every creature under heaven. I, Paul, became a servant of this gospel.

I am now rejoicing in my sufferings for your sake, and in my flesh I am completing what is lacking in Christ's afflictions for the sake of his body, that is, the church. I became its servant according to God's commission that was given to me for you, to make the word of God fully known, the mystery that has been hidden throughout the ages and generations but has now been revealed to his saints. To them God chose to make known how great among the Gentiles are the riches of the glory of this mystery, which is Christ in you, the hope of glory. It is he whom we proclaim, warning everyone and teaching everyone in all wisdom, so that we may present everyone mature in Christ.

The Word of the Lord.

**Thanks be to God.**

### Sequence Hymn

*In Life's Busy Moments 1,2 / 3,4*


**#22 Voices Found**

1



1 In life's bu - sy mo - ments we cir - cle in haste,  
 2 While Ma - ry her sis - ter sat list' - ning in awe,  
 3 Pres - ent in con - flict en - rich - ing our souls,  
 4 Al - le - lu - ia, he comes — in glo - rious ar - ray;


2



like Mar - tha so wor - ried when Je - sus she faced.  
 the Lord spoke of God's love em - brac - ing us all.  
 with Ma - ry and Mar - tha he loves and con - soles.  
 we pause in dai - ly life to pon - der and pray.

*Refrain*

3



4

He comes to vis - it, he comes to share; we learn to lis - ten, we learn to care.

## **The Gospel**

## **Luke 10:38-42**

The Holy Gospel of our Lord Jesus Christ according to Luke.

**Glory to you, Lord Christ.**

As Jesus and his disciples went on their way, Jesus entered a certain village, where a woman named Martha welcomed him into her home. She had a sister named Mary, who sat at the Lord's feet and listened to what he was saying. But Martha was distracted by her many tasks; so she came to him and asked, "Lord, do you not care that my sister has left me to do all the work by myself? Tell her then to help me." But the Lord answered her, "Martha, Martha, you are worried and distracted by many things; there is need of only one thing. Mary has chosen the better part, which will not be taken away from her."

The Gospel of the Lord.

**Praise to you, Lord Christ.**

## **The Sermon**

**Fr. Will Drosos**

## **The Nicene Creed**

**We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God, eternally begotten of the Father,  
God from God, Light from Light, true God from true God,  
begotten, not made, of one Being with the Father.  
Through him all things were made.**

**For us and for our salvation he came down from heaven:  
by the power of the Holy Spirit**

**he became incarnate from the Virgin Mary, and was made man.**

**For our sake he was crucified under Pontius Pilate; he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.**

**With the Father and the Son he is worshiped and glorified.**

**He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead, and the life of the world to come. Amen.**

## **The Prayers of the People**

The prayers of the people is a time for us to come together as we offer our prayers to God. Please offer your own prayers in the pauses, either silently or aloud. Kneeling as you are able, let us pray.

Lord, listen to the prayers of your people, gathered at your table. We remember our community and its needs *[pause]*.

In faith, **we pray to you, our God.**

Here, where we celebrate how Christ gave us his body to be our spiritual food, listen as we pray for his body the Church, spread throughout the world. We pray for Sean, our Presiding Bishop; Mark, Gayle, and Mark, our Bishops; Fran, Will, Caroline, Lori, Rishabh, Mary and Nicole, our staff; Beth, our Seminarian; the teachers at the Early Learning Center; and the Vestry and Officers of St. Thomas.

In faith, **we pray to you, our God.**

Here, where we recognize the presence of Christ, who takes away the sin of the world, listen as we pray for that world and for its peoples for whom his blood was shed *[pause]*.

In faith, **we pray to you, our God.**

Here, where we come together as Christ gathered with his friends to give us this meal of holy fellowship, listen as we pray for all whom you have given us, our friends and all whose lives are joined with ours. We pray for Lucy Chatelain, Diane Ferris, Debby Reed, and all those celebrating birthdays this week; for Berta and Wade Smith, and all those celebrating wedding anniversaries this week; and for those blessings you would name *[pause]*.

In faith, **we pray to you, our God.**

Here, where we remember the night of Christ's agony and trial, listen as we pray for all who share his sufferings through fear or pain or distress of any kind. Together we pray for **Ethan, Vincent, Yusuf, Emily and Dave, Lynn, Andrew, Jan, Caroline, Jackie, Cathy, Erin, Andy, Diane, Alison, Sean, Bill, Katie and Scott, Bill, Frank, Bridgid, Lorraine, Roger, Christian, Chuck, Dani, Doris, Dave**, and those whom you would name *[pause]*.

In faith, **we pray to you, our God.**

Here, where we join our praises with the whole company of heaven, listen as we pray for those who have died. We remember Kadri Kallikorm-Rhodes, in whose memory the altar flowers have been given, and all those whom you would name *[pause]*.

In faith, **we pray to you, our God.**

Lord, satisfy our hunger with the food that lasts, the bread of God which comes down from heaven and gives life to the world, Jesus Christ your Son our Lord. **Amen.**

*Adapted from the Church of England, Common Worship resource, found at <https://www.churchofengland.org/prayer-and-worship/worship-texts-and-resources/common-worship/churchs-year/times-and-seasons-5#mmm260>*



Together let us pray for St Thomas Church.

**Almighty God, by your Spirit the whole body of your Church is governed and sanctified, hear our prayer for St Thomas, build in us a renewed vision of your Church; shape our life according to your will; empower us with the gifts to make us one that together we may grow as a church in the spiritual strength of community and reach out to include all people in Christ's love, through Jesus Christ, our Lord. Amen.**

### **Confession and Absolution of Sin**

Let us confess our sins against God and our neighbor. *A time of silence.* Together, let us pray:

**Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

### **The Peace**

The peace of the Lord be always with you.

**And also with you**

*Following the exchange of peace in the church, peace is exchanged with the congregation on Zoom.*

### **The Offertory**

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

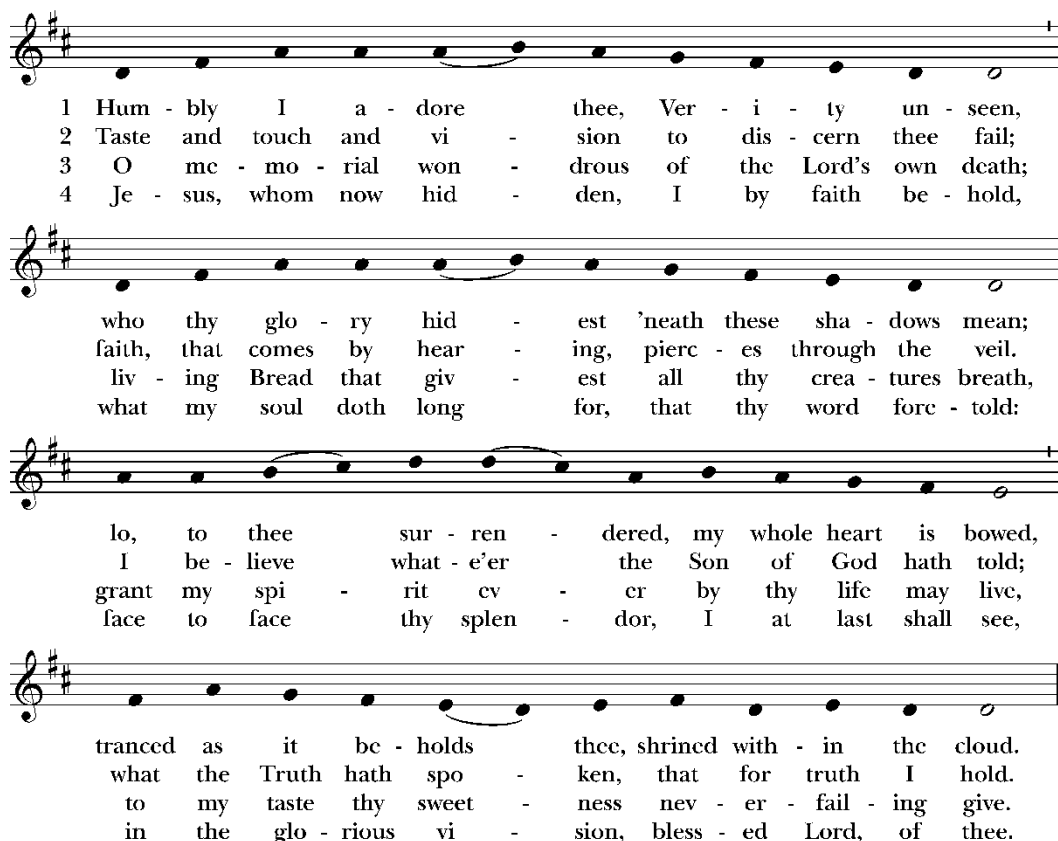


### **It's Easy to Give Electronically to St. Thomas**

Scan the QR code, or visit the GIVING page on the St. Thomas website:

<https://stthomasmcleanva.org/giving/donate>.

*The Offertory Hymn can be found on the next page.*

**Offertory Hymn*****Humbly I Adore Thee*****#314 Hymnal 1982**

1 Hum - bly I a - dore thee, Ver - i - ty un - seen,  
2 Taste and touch and vi - sion to dis - cern thee fail;  
3 O mc - mo - rial won - drous of the Lord's own death;  
4 Je - sus, whom now hid - den, I by faith be - hold,  
who thy glo - ry hid - est 'neath these sha - dows mean;  
faith, that comes by hear - ing, pierc - es through the veil.  
liv - ing Bread that giv - est all thy crea - tures breath,  
what my soul doth long for, that thy word forc - told:  
lo, to thee sur - ren - dered, my whole heart is bowed,  
I be - lieve what - e'er the Son of God hath told;  
grant my spi - rit ev - er by thy life may live,  
face to face thy splen - dor, I at last shall see,  
tranced as it be - holds thee, shrined with - in the cloud.  
what the Truth hath spo - ken, that for truth I hold.  
to my taste thy sweet - ness nev - er - fail - ing give.  
in the glo - rious vi - sion, bless - ed Lord, of thee.

Words: Att. Thomas Aquinas (1225?-1274); sts. 1-3, tr. *Hymnal* 1940; st. 4, tr. *Hymnal* 1982. Sts. 1-3, Copyright © The Church Pension Fund. Music: *Adoro devote*, French church melody, Mode 5, *Processionale*, 1697; acc. Charles Winfred Douglas (1867-1944), alt.

**The Doxology (to the tune of Old 100<sup>th</sup>)****#380 Hymnal 1982**

**Praise God from whom all blessings flow  
Praise Him all creatures here below  
Praise Him above, ye heavenly hosts  
Praise Father, Son and Holy Ghost.**

**THE HOLY COMMUNION**

*Gluten free wafers are available on request. We will not have a healing minister during communion, but if you desire prayers for healing, you can see Fr. Will or Rev. Caroline after church.*

**The Great Thanksgiving****Eucharistic Prayer A**

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give him thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. For you are the source of light and life, you made us in your image, and called us to new life in Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

**Sanctus: #S129 Hymnal 1982**

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and  
might, hea - ven and earth are full of your glo - ry. Ho -  
san - na in the high - est. Bless - ed is he who  
comes in the name of the Lord. Ho - san - na in the high - est.

Music: Robert Powell (b. 1932). Setting: Copyright © Church Publishing Inc.

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

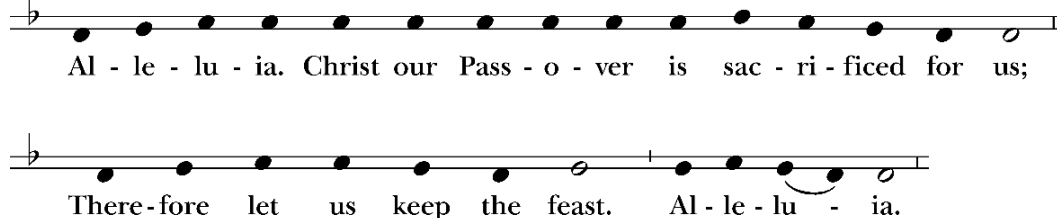
All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to pray,

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

### **The Fraction: #S152 Hymnal 1982**

*This setting is not used in Lent.*



The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith with thanksgiving.

### **A note about the distribution of the Eucharist:**

*We offer both the common cup and a cup for intinction. If you would like to receive by intinction, please go the left side of the altar rail and the presiding priest will dip the bread in the cup for you. If you would like to sip from the common cup, please go to the right side of the altar rail where the bread and the cup will be offered separately.*

### **Prayer for Spiritual Communion on Zoom**

*While some are receiving communion at church, those worshiping on Zoom say the following prayer:*

**My Jesus, I believe that you are present in the Blessed Sacrament. I love you above all things and I desire you in my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. As though you were already there, I embrace you and unite myself wholly to you; never permit me to be separated from you. Amen.**

## Communion Hymn

## *Be Thou My Vision*

#488 Hymnal 1982



1 Be thou my vi - sion, O Lord of my heart;  
2 Be thou my wis - dom, and thou my true word;  
3 High King of hea - ven, when vic - tory is won,  
all else be nought to me, save that thou art—  
I ev - er with thee and thou with me, Lord;  
may I reach hea - ven's joys, bright hea - ven's Sun!  
thou my best thought, — by day or by night,  
thou my great Fa - ther; thine own may I be;  
Heart of my heart, — what - ev - er be - fall,  
wak - ing or sleep - ing, thy pres - ence my light.  
thou in me dwell - ing, and I one with thee.  
still be my vis - ion, O Ru - ler of all.

Words: Irish, ca. 700; versified Mary Elizabeth Byrne (1880-1931); tr. Eleanor H. Hull (1860-1935), alt. Music: *Slane*, Irish ballad melody; adapt. *The Church Hymnary*, 1927; harm. David Evans (1874-1948). By permission of Oxford University Press.

## Post-communion Prayer for a Multi-located Congregation

Let us pray. **God of abundance, we gather as your faithful people near and far. We believe you are present with us as we are united with Christ and one another in prayer and sacrament. We thank you for feeding all of us with your love and for making us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your love to the world and continue for ever in the risen life of Christ our Savior. Amen.** *Written by the Rev. Dorota Wright-Pruski, adapted by the Rev. Will Drosos*

## The Blessing

May God give you grace to follow his saints in faith and hope and love; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. **Amen.**

## Announcements

**Recessional Hymn**    *O Worship the King, All Glorious Above*

**#388 Hymnal 1982**

The musical score is written for a four-part choir (Soprano, Alto, Tenor, Bass) and piano accompaniment. It consists of four systems of music. Each system has a vocal line with five staves (one for each voice part) and a piano line with two staves (treble and bass clef). The key signature is one sharp (F#), and the time signature is common time (C). The lyrics are printed below the vocal staves.

1 O wor - ship the King, all glo - rious a - bove!  
2 O tell of his might! O sing of his grace!  
3 The earth, with its store of won - ders un - told,  
4 Thy boun - ti - ful care, what tongue can re - cite?  
5 Frail chil - dren of dust, and fee - ble as frail,

1 O grate - ful - ly sing his power and his love!  
2 Whose robe is the light, whose can - o - py space.  
3 Al - might - y, thy power hath found - ed old,  
4 It breathes in the air; it shines in the light;  
5 in thee do we trust, nor find thee to fail;

1 Our shield and de - fend - er, the An - cient of Days,  
2 His char - iots of wrath the deep thun - der - clouds form,  
3 hath stab - lished it fast by a change - less de - cree,  
4 it streams from the hills, it de - scends to the plain,  
5 thy mer - cies, how ten - der! how firm to the end!

1 pa - vil - ioned in splen - dor, and gird - ed with praise.  
2 and dark is his path on the wings of the storm.  
3 and round it hath cast, like a man - tle, the sea.  
4 and sweet - ly dis - tills in the dew and the rain.  
5 Our Ma - ker, De - fend - er, Re - deem - er, and Friend!

Words: Robert Grant (1779-1838). Music: *Hanover*, att. William Croft (1678-1727).

**The Dismissal**

Let us go forth in the name of Christ.

**Thanks be to God.**

## **Postlude**

### **Worship Participants**

Presider	Rev. Caroline Mitchell
Preacher	Fr. Will Drosos
Acolytes	Will Ferris & Ed Rhodes
Altar Guild	Ed Rhodes
Flower Guild	Sarah Thompson
Digital Usher	Mary Lee Montfort
Digital Verger	Chuck Grimes
Lector & Intercessor	Louise Armitage
Eucharistic Ministers	Pat Smith & Betsy Heilman
Usher	Becky Vantorini
Fellowship Hour Host	Alison Pruitt & Fred Young
Counters	Will Ferris & Jim Vantorini

### **JULY VESTRY PERSON**

**Anne Spear**

[amspear@yahoo.com](mailto:amspear@yahoo.com)

703-915-4300

Questions, comments, concerns, compliments, all welcome.



**The altar flowers are given by Ed Rhodes  
in loving memory of Kadri Kallikorm-Rhodes.**

## ***PRAYER FOR ST. THOMAS CHURCH***

*Almighty God, by your Spirit the whole body of your Church is governed and sanctified.  
Hear our prayer for St. Thomas: build in us a renewed vision of your Church; shape our life  
according to your will; empower us with the gifts to make us one, that together we may grow  
as a church in the spiritual strength of community, and reach out to include all people in Christ's  
love, through Jesus Christ our Lord. Amen.*

### **MINISTERS**

The Baptized Faithful of St. Thomas Episcopal Church

The Most Rev. Sean Rowe, *Presiding Bishop*

The Rt. Rev. E. Mark Stevenson, *Bishop*

The Rt. Rev. Gayle E. Harris, *Assistant Bishop*

The Rt. Rev. Mark A. Bourlakas, *Assistant Bishop*

The Rev. Fran Gardner-Smith, *Rector*

Fr. William Drosos, *Associate Rector*

The Rev. Dr. Caroline Mitchell, *Assisting Priest*

Dr. Lori Lind, *Minister of Music*

Ms. Beth Clarke, *Seminarian*

*(ON SABBATICAL)*

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### **THE VESTRY**

Melinda Fairchild	Senior Warden	<a href="mailto:meldavid7815@gmail.com">meldavid7815@gmail.com</a>	240-274-4741
Rick Howe	Junior Warden	<a href="mailto:rhowelaw@gmail.com">rhowelaw@gmail.com</a>	515-229-8414
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Mollie Regan		<a href="mailto:mollieregane@verizon.net">mollieregane@verizon.net</a>	954-778-7252
Lynne Montgomery		<a href="mailto:lkrmontgomery@gmail.com">lkrmontgomery@gmail.com</a>	703-298-7181
Chris Johnston		<a href="mailto:christopher.a.johnston@gmail.com">christopher.a.johnston@gmail.com</a>	410-299-9776
Anne Spear		<a href="mailto:amspear@yahoo.com">amspear@yahoo.com</a>	703-915-4300
Jim Ventrini		<a href="mailto:jventorini@cox.net">jventorini@cox.net</a>	703-288-3166
Alan Thode		<a href="mailto:afthode@hotmail.com">afthode@hotmail.com</a>	

### **OTHER LEADERS**

David Alton Smith	Register	<a href="mailto:dapy.smith@gmail.com">dapy.smith@gmail.com</a>	703-488-0442
Pat Smith	Treasurer	<a href="mailto:pysmith51@gmail.com">pysmith51@gmail.com</a>	703-338-0974
Steve Wickman	Diocesan Delegate	<a href="mailto:wickmansb@msn.com">wickmansb@msn.com</a>	571-393-8544
Becky Ventrini	Alternate Delegate	<a href="mailto:beckyventorini@gmail.com">beckyventorini@gmail.com</a>	202-390-4412

### **STAFF**

Rishabh Bajekal	Parish Administrator	<a href="mailto:Rishabh.bajekal@stthomasmcleanva.org">Rishabh.bajekal@stthomasmcleanva.org</a>	703-442-0330
Mary Cyrus	Accountant	<a href="mailto:accountant@stthomasmcleanva.org">accountant@stthomasmcleanva.org</a>	703-442-0330
Nicole Warga	Cribbery Caregiver	<a href="mailto:ncwarga00@hotmail.com">ncwarga00@hotmail.com</a>	703-476-9476



## The Skinny at St. Thomas July 20<sup>th</sup>, 2025



More information about many of these events can be found on the Announcements page on our website. Scan the QR code to see them.

### 2025 Second Story Backpack Drive!

As we do every year, it's time for us to rally and support children whose families need help with supplying what they need to learn successfully this school year. Second Story asks us to fill as many backpacks as we are able with the list of requested supplies below. You can help two ways:

1. Buy and fill one or more backpacks (list of requested supplies below). **Deliver** them to St. Thomas by **Tuesday, July 29**.
2. Donate on the St. Thomas giving page and volunteers will do the shopping. **Donate by Sunday, July 27**.

Each backpack should include: lined paper, spiral notebook or composition book, pens, highlighters, pencils, pencil pouch, crayons, scissors, glue sticks.

### Shakespeare Opera Theatre: Romeo and Juliet

If you have not yet had a chance to see the show, there is one more performance today at 5pm at Grace Episcopal Church in The Plains. For tickets and more information, visit the website at the link or by scanning the QR code below:

<https://shakespeareoperatheatre.com/>



### Pints with Doubting Thomas

**Wednesday, July 23<sup>rd</sup> at 6:30 pm**

at High Point Pub in Whole Foods, Tysons. Join us for learning and conversation in a relaxed environment. The first round of drinks (alcoholic or non-alcoholic) is on us! Next time, we will look at the role of the Church in the sacraments.

### July Grill Night

**Thursday, July 24<sup>th</sup> at 6:00 pm**

Join us in Hudson Hall for one of our favorite summer traditions! Men Eating Breakfast will be running the grill. St. Thomas will provide the main course, and you can bring an appetizer or dessert to share. There will be vegan options. Bring friends!

### Ladies Lunch Bunch

**Monday, July 28 at 11:15 am (rain date July 29)**

RED'S TABLE

11150 SOUTH LAKES DRIVE

SOUTH LAKES SHOPPING CENTER

Afterward, we'll take Walt's water taxi to Audrey and Walt's place for dessert at 2014 Lakebreeze Way in Reston  
Audrey's cell: (813) 956-7550

### Shrine Mont Registration Now Open!

Please scan the QR code below to download the registration form for our annual parish retreat to Shrine Mont September 26-28. There are also physical forms available in the Narthex. Please complete and return to Rishabh in person or by email at [rishabh.bajekal@stthomasmcleanva.org](mailto:rishabh.bajekal@stthomasmcleanva.org) by August 17th. Space is limited this year so please register as soon as you can!



### SHARE Garden Weekly Harvest and Delivery

The Share Garden has been yielding harvests with produce like lettuce, kale and spinach, cucumbers, eggplant, okra, beans, and tomatoes. The potatoes are thriving in advance of a later-summer harvest. You can try your hand at digging up a potato! Now that more crops are ready for harvest, we are asking for volunteers who would be willing to harvest and deliver to Share. Please sign up by scanning the QR code below. If you would like to sign up but have trouble with Sign Up Genius, please reach out to Jon Spear by email at [jon.spear1@verizon.net](mailto:jon.spear1@verizon.net) or by phone at 571-251-6547.



### Volunteer to Support Fairfax Diapers

**Thursday, August 7<sup>th</sup> at 10am**

Join us for the next monthly repackaging meeting at Fairfax diapers. The task is simply repackaging diapers from bulk quantities to household-size bundles to be distributed to needy families. If you are interested, please access the sign up by scanning the QR code below. Questions? Please contact Anne Spear by phone at (703) 915-4300.



### Coffee Hour Hosts needed for Summer and Fall!

Thank you to all that have signed up for coffee hour this year. We are now in need of hosts for Sundays in this summer and fall. Coffee hour sign-ups are available via a link to SignUpGenius or by using the QR code, which are on the back of this page. If you need help signing up electronically, I would be happy to help! Thank you for continuing this tradition of Fellowship at St. Thomas! If you have any questions, please contact me directly.

Becky Ventorini, Fellowship Hour Coordinator

[beckyventorini@gmail.com](mailto:beckyventorini@gmail.com)

Home (703) 288-3166 / Cell: (202) 390-4412

<https://www.signupgenius.com/go/10C0B4EAAAC2CA64-52775851-stthomas>



### SHARE Needs

Scan the QR code below to see the list of most needed items for our ministry partners at Share



### This Week

**Monday July 21<sup>st</sup>**

12 pm – Noonday Prayer

**Tuesday July 22<sup>nd</sup>**

12 pm – Holy Eucharist

**Wednesday July 23<sup>rd</sup>**

10 am – Staff Meeting

12 pm – Noonday Prayer

6:30 pm – Pints with Doubting Thomas

**Thursday July 24<sup>th</sup>**

12 pm – Noonday Prayer

6 pm – Grill Night

**Friday July 25<sup>th</sup>**

11 am to 3 pm – McLean Islamic Center Worship

**Sunday July 27<sup>th</sup>**

9:15 am – Choir Rehearsal

10 am – Worship